Report on Health Awareness Programme

ICMR-NIHR DIBRUGARH | STUDENT HEALTH INITIATIVE

FREE HEALTH CHECK-UP CAMP

Organized by Indian Council of Medical Research–National Institute of Health Research (ICMR-NIHR), Dibrugarh, Assam in collaboration with the IQAC, MandiaAnchalik College, Mandia, Barpeta, Assam.

Venue: RCC Hall No. 8, Mandia Anchalik College, Mandia **Date:** 02/11/2026

Introduction

A Health Awareness Programme was organized by the Indian Council of Medical Research–National Institute of Health Research (ICMR-NIHR), Dibrugarh, at MandiaAnchalik College, Mandia. The programme was attended by the teaching and non-teaching staff of the college. ICMR-NIHR, Dibrugarh conducts interdisciplinary research on communicable and non-communicable diseases in North-East India and supports disease surveillance, epidemic investigation, diagnosis, evaluation, and training.

Inauguration

The programme was inaugurated by the In-charge Principal, **Shri Shahidul Islam**. In his inaugural address, he welcomed the ICMR-NIHR team and emphasized the importance of health awareness, preventive healthcare, and healthy lifestyle practices among college staff and the wider community.

Awareness and Discussion on Health

A valuable and informative lecture on health was delivered by **Fazal Hoque, Associate Professor** of the College. He highlighted important aspects of personal health, disease prevention, healthy habits, and the need for timely medical consultation.

Dr. Jamanur Rahman, Assistant Professor, also actively participated in the programme and contributed to the discussion. The session encouraged participants to adopt health-conscious practices in their daily lives.

ICMR-NIHR Team

The programme was conducted by a team from ICMR-NIHR, Dibrugarh, led by **Dr. Kaustav Borah, Scientist D**. The team members included:

- **Pubali Basumatary**, PTS-I
- **Bikash Kalita**, Research Assistant
- **Pinto Barzo**, Research Assistant

The team interacted with the participants and shared useful information relating to health awareness and public health.

Technical Assistance and Cooperation

The successful organisation and smooth conduct of the programme were made possible through the valuable technical assistance and dedicated cooperation of several members of the college. Asif Nurjaman, Coordinator IQAC, MAC provided overall technical support and coordination, while Shahidul Islam, UDA, and Akibul Hassan, Computer Assistant, extended necessary administrative and computer-related assistance.

Help Desk and Student Registration

The student registration process and other related support activities were efficiently facilitated by Rinkumoni Das, Assistant Professor, Dr. Mahfujatun Nessa, Assistant Professor; Shahida Khatun, Assistant Professor; Salma Siddika, Assistant Professor, and Sikdar Shashamma Khatun, Assistant Professor. Their sincere efforts, active involvement and cooperation contributed significantly to the systematic management and successful execution of the programme.

The institution gratefully acknowledges the support and contributions of all the above-mentioned staff members.

Participation

The programme witnessed active participation from both teaching and non-teaching staff of the college. The participants benefited from the expert lecture and the interactive discussion session.

Outcome

The programme successfully created awareness among the staff regarding the importance of health, disease prevention, and healthy living. It also strengthened the connection between the college and ICMR-NIHR, Dibrugarh, an institute engaged in health research and public-health outreach in the region.

Conclusion

The Health Awareness Programme was highly informative and successful. The college expresses its sincere gratitude to the ICMR-NIHR, Dibrugarh team, especially Dr. Kaustav Borah and his colleagues, for organizing the programme and sharing valuable health-related

knowledge with the staff. At the end Dr. Jamanur Rahman, Assistant Professor of the Department of Political Science of the College extended vote of thanks to all the stakeholders particularly Team of Doctors of ICMR, Dibrugarh, Assam, for organizing such an enriching and great program, teaching staff and the students of the college for their warm cooperation and participation.







03/11/2026

(Asif Nurjaman)
Principal)Coordinator, IQAC, MAC

(Shahidul Islam, I/C
Chairperson IQAC, MAC